

SVHS Dons Daily Bulletin



Friday, November 18, 2022

Announcements

Our goal at the Wellness Center is to provide support and encourage the development of strategies to overcome the challenges that life might bring.

One of those important strategies is the practice of gratitude even when things are dire, distressed or difficult. Through the practice of gratitude, we can build hope and resilience. Today's quote is:

The heart that gives thanks is a happy one,
for we cannot feel thankful and unhappy
at the same time.

Sports

Boys Varsity Basketball Tournament
@ Sierra Vista



Boys JV Soccer vs El Monte
@ Sierra Vista - 3:30



Boys Varsity Soccer vs El Monte
@ Sierra Vista - 5:00

Faculty Section

Group B has duty this week

Please Release The Following

Boys Varsity Basketball

@ 2:00

Boys JV Soccer

@ 2:00



Thanksgiving Break
No School